



Wellesley House Weekly Menus – Week Two

Day	Breakfast	Lunch	Supper
Monday	Selection of cereals Yoghurts Fresh fruit Scrambled egg & mushrooms	Chicken and vegetable pie Mashed potatoes, sweetcorn & peas Vegetable pie Fresh fruits & chocolate fondue	Lasagne & garlic bread Selection of salads Cold meats Vegetable lasagne Orange and lemon cake
Tuesday	Selection of cereals Yoghurts Fresh fruit Continental breakfast	Beef goulash Sauted potatoes, carrots & green beans Cauliflower cheese Raspberry crumble bar & ice cream	Homemade lamb burger Selection of salads Cold meats Vegetable burger Oat & fruit cookies
Wednesday	Selection of cereals Yoghurts Fresh fruit Grilled bacon & sautéed potatoes	Greek lamb pie New potatoes & sweetcorn Mushroom and leek loaf Snow capped apples	Sausage wrapped in bacon hot dog Selection of salads Cold meats Vegetable hot dog Jam tart
Thursday	Selection of cereals Yoghurts Fresh fruit Poached egg muffin	Chilli glazed chicken Savoury rice Glazed courgettes & peppers Baked fruit flan & cream	BBQ pork steak Selection of salads Cold meats Vegetable ragout Ginger bread
Friday	Selection of cereals Yoghurts Fresh fruit Hash browns & boiled eggs	Battered cod fillet Chips & peas Breaded vegetable goujons Profiteroles & chocolate sauce	Indonesian beef noodles Selection of salads Cold meats Indonesian vegetable noodles Fruit crumble squares
Saturday	Selection of cereals Yoghurts Fresh fruit Grilled sausage & plum tomatoes	Spiced meatballs, basil and tomato sauce Spaghetti Vegetable balls Apricot flapjacks	French bread pizza Selection of salads Cold meats Chocolate & orange brownies
Sunday	Selection of cereals Yoghurts Fresh fruit Grilled bacon, fried egg & beans	Roast pork & apple sauce Roast potatoes, cabbage & cauliflower Vegetable bake Rhubarb and ginger crumble & custard	Macaroni cheese Selection of salads Cold meats Ice cream